



SEXUAL HEALTH AND FAMILY PLANNING ACT

SHFPACT Pelvic Pain Clinic Opiate Policy

This agreement is made between _____ and SHFPACT Pelvic Pain Clinic.
patient name

The SHFPACT Pelvic Pain Clinic is a specialist clinic dedicated to providing high quality service patients with persistent pelvic pain wanting to improve their quality of life. The service provides assessment, education and management for patients with pelvic pain.

Unfortunately opiates are not recommended in the management of pelvic pain and the prescription of these is outside the scope of the Pelvic Pain Clinic clinicians. Most patients will find that other management strategies to be effective in reducing their pain including menstrual cycle suppression, pelvic floor physiotherapy, pain psychology and education. Adjuvant non-opiate medications may be utilised if appropriate.

Should a patient require ongoing opiate therapy they are encouraged to have this managed by their general practitioner.

I, _____, acknowledge that I am aware that opiate prescriptions are not provided by the SHFPACT pelvic pain clinic.

Signed by _____
(patient name)

Date: _____